



Shorter swing arc

Feeling as though your hands stop at shoulder height in the followthrough should shorten your swing arc and stop your ball ballooning.

Correct ball position

It should be the same as a long iron, not a fairway wood. The ball should be below your left ear for an optimal, slightly downward blow.



Powerful set-up

Your sternum should be slightly tilted with the right shoulder lower than left, feet shoulder width apart and weight distributed 50-50.

Shot on location at Buenavista Golf, Tenerife. Visit www.buenavistagolf.es for more information.

VINCCI
HOTELS

RESCUES

RIGHT HYBRID FLIGHT

Hit more penetrating shots by controlling your hybrid strike



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➔ **HYBRIDS HAVE LARGELY** replaced long irons in recent years, and while their higher ball flight is a bonus, there will still be occasions when you need to hit a more penetrative trajectory – especially off the tee or in strong winds. Ballooning a hybrid is often caused by adding loft at impact, which can be a symptom of trying to sweep the ball away with a shallow attack angle as if you were using a fairway wood, rather than compressing the ball like an iron.

Hip slide in the backswing is another factor that can contribute to a poor strike angle and failure to hit the ball out of the centre of the clubface. You can encourage your hips and pelvis to rotate rather than slide by practising with a cane or umbrella vertically in the ground from the instep of your right shoe. Your right hip will touch the cane if you slide, but a more centred coil will increase stability and promote the correct attack angle and a centred strike.



Choke down for more control

Gripping a couple of inches from the end of the shaft will help control the clubhead during the ball's launch.